

Author Bio – S. A. Snyder

Long Version

S.A. Snyder has been a professional writer and editor since 1991. She has worn hats as a newspaper columnist and reporter, technical writer, writing instructor, communications manager and consultant, blogger, and book author. With humor and insight, she inspires others through the telling of her own experiences to examine what it means to live a meaningful life. Her blog (www.LunaRiverVoices.com) focuses on self-care, retreats, and re-inventing the way we live for the benefit of all. She also participates in oral storytelling about her personal experiences.

Sarah is the author of three nonfiction books and numerous newspaper and magazine articles. Books include *The Value of Your Soul: Rumi Verse for Life's Annoying Moments* (2020); *Plant Trees, Carry Sheep: A Woman's Spiritual Journey Among the Sufis of Scotland* (2019); and *Scenic Driving Montana* (1995; 4th edition 2021).

Sarah is available for interviews on radio, blogs, and news outlets—print and online—as well as for private and public book discussions and presentations, in person or online.

Short Version

S.A. Snyder has been writing professionally since 1991. She lives in Virginia, where she participates in oral storytelling and writes a blog about retreating and self-care, among other life topics (www.LunaRiverVoices.com). She has written three books and numerous newspaper and magazine articles.