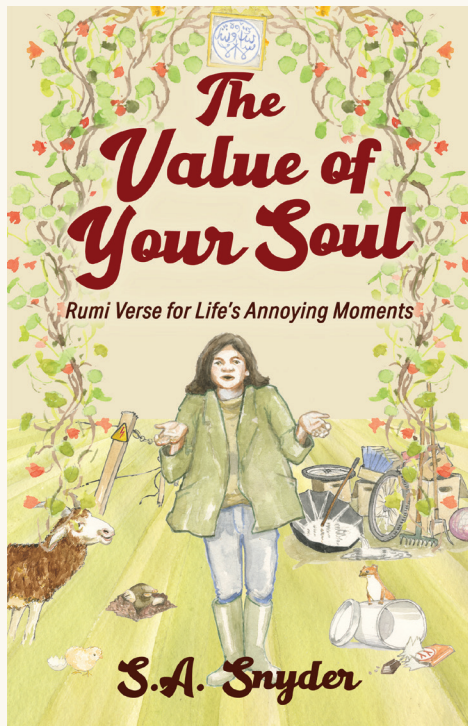


# The Value of Your Soul



**Author:** S.A. Snyder  
**Illustrator:** Simon Blackwood  
**Publish Date:** September 15, 2020  
**Publisher:** Luna River Publishing  
**Categories:** self-help / spiritual,  
self-help / personal growth  
/ general, self-help /  
motivational & inspirational,  
humor, memoir, poet Rumi,  
spirituality  
**ISBN:** 978-1-7332925-3-5  
(paperback)  
978-1-7332925-2-8 (epub)  
**Pages:** 181  
**RRP:** \$8.99 (paperback)  
\$4.99 (epub)  
**Binding:** Perfect bound  
**Trim:** 5.5 x 8.5  
**Distributors:** IngramSpark,  
Amazon, Baker & Taylor  
**Illustrations:** Yes  
**Bibliography:** Yes

## Rumi Verse for Life's Annoying Moments

Showcasing vignettes from her witty memoir of living abroad, *Plant Trees, Carry Sheep: A Woman's Spiritual Journey Among the Sufis of Scotland*, S.A. Snyder's **new book** identifies 38 peculiar "annoyances," each with conventional translations that most of us can relate to. ("When you volunteer to plant trees and end up mucking out chicken coops" translates to "Plans change.") With the help of select verses from the Persian poet Jalal ad-Din Rumi, Snyder teases out some lessons learned from her vexing experiences as an American living in Scotland and offers a soupçon of homespun wisdom for coping.

***The Value of Your Soul: Rumi Verse for Life's Annoying Moments*** told with delightful self-deprecating humor, is a collection of short tales and whimsical illustrations you can dip in and out of, or whenever you need a little reminder that you are more than the sum of that which annoys you. If you enjoy chicken soup stories, you'll laugh at Snyder's quirky approach to self-improvement. Think of it as lamb stew for the annoyed soul!

## Contact Information

**Email:** [SASnyder@LunaRiverVoices.com](mailto:SASnyder@LunaRiverVoices.com)

**Facebook:** [S.A. Snyder](https://www.facebook.com/S.A.Snyder)

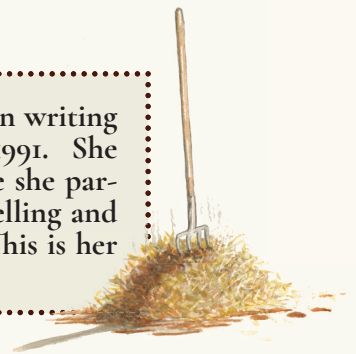
**Twitter:** [@LunaRiverVoices](https://twitter.com/LunaRiverVoices)

**Instagram:** [@s.a.snyder](https://www.instagram.com/s.a.snyder)

**Web:** [www.LunaRiverVoices.com](http://www.LunaRiverVoices.com)



S.A. SNYDER has been writing professionally since 1991. She lives in Virginia, where she participates in oral storytelling and writes a blog about retreating and self-care. This is her third book of nonfiction.



*It's like lamb stew for the annoyed soul!*